

## ***Soups***

<i>Champignon cream with almond milk and asparagus tips</i> <i>(vegetarian / vegan)</i>	4,50 €
<i>Fowl cream with quail egg and Iberico ham</i>	4,80 €
<i>Fish seafood soup</i>	5,90 €

## ***Salads***

<i>Mixed salad with avocado, corn and lime vinaigrette</i> <i>(vegetarian / vegan)</i>	6,90 €
<i>Salad "Isla Baja": spanish potatoe-salad with apple mayonnaise, chicken and crispy bread</i>	7,20 €
<i>Pasta salad with tomato, mozzarella and pesto vinaigrette</i>	7,80 €
<i>Salad "Luz del Mar" with melon, shrimp, smoked salmon and sesame vinaigrette</i>	10,50 €

<i>Our child's menu</i>	5,50 €
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## ***Tapas and Starters***

<i>Papas arrugadas (Canary potato) with mojos and almonds</i>	4,80 €
<i>Avocado cannelloni stuffed with pumpkin guacamole, shrimp and salad</i>	7,50 €
<i>Shrimp in garlic, seafood cream and alioli</i>	12,50 €
<i>Iberico ham, cheese variation, grassinis and fig jam</i>	16,00 €

## ***Pasta and Vegetarian Dishes***

<i>Grilled vegetable with potatoes, corn and mushrooms of the season (vegetarian)</i>	8,50 €
<i>Fusille with spinach cream, nuts and mushrooms (vegetarian)</i>	9,20 €
<i>Gnocchis with dried tomato and roquefort sauce</i>	10,50 €
<i>Tagliatelle with shrimp, mussels and seafood cream</i>	12,50 €
<i>Tagliatelle with beef fillet, vegetables and tomato sauce</i>	12,90 €

## ***Fish***

*Cod with tomato concasse, vegetables and olives,  
canary potatoes and beet-mojos* 13,20 €

*Salmon with sesame crust, coconut-lime sauce,  
served with rice and mushrooms* 14,80 €

*Fish and Seafood suquet (cherne, prawns, mussels, squid)  
with potatoes and garlic almonds* 16,90 €

*Tubot fillet stuffed with river rape, potatoes cream with  
garlic, prawns and grilles razor shell* 17,50 €

## ***Meat***

*Rabbit confit filled with apricots and apple,  
creamy rice with mushrooms and pine nuts* 14,20 €

*Lamb terrine with vegetable couscous and green salad* 15,20 €

*Presa Iberica with plum sauce, vegetable cannelloni  
and canary potatoes with mojos* 15,80 €

*Entrecôt (national) with mushroom sauce, potato gratin and  
grilled vegetable* 16,90 €

*Beef fillet with oporto sauce, mashed potatoes  
and vegetables* 18,80 €

## *Desserts*

<i>Home made lemon sorbet with caramelised almonds</i>	<i>3,50 €</i>
<i>Fruits soup with pistachio ice cream</i>	<i>3,70 €</i>
<i>Gofio mousse with roasted corn and chocolate sauce</i>	<i>3,90 €</i>
<i>Chocolate fondant with vanilla ice cream</i>	<i>4,80 €</i>
<i>Trilogy "Teno Alto"</i>	<i>5,50 €</i>
<i>Chocolate fondant, Gofio mousse, pineapple cake</i>	
<i>Dessert of the daily's menu</i>	<i>3,90 €</i>